

# Ladder of Inference

A helpful model for checking biases, judgements, and assumptions by exploring the 'thinking steps' many of us unconsciously take to get from observations to actions.



*Chris Argyris, 1982*

# Assumption Clearing

Use this tool to practice conscious communication - creating shared understanding, connection, and trust in our relationships.

## ASSUMPTION

An assumption I'm holding about

\_\_\_\_\_ is \_\_\_\_\_.

## IMPACT

The impact this assumption is having

on \_\_\_\_\_ is \_\_\_\_\_.

## PRESENCE

What's here for me now is \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_.

